

Curriculum Vitae
Laura J. Holt, Ph.D.
June 2025

Trinity College
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EDUCATION & LICENSURE

Licensed Psychologist, State of Connecticut (#003006)

Rutgers University: Piscataway, NJ

Ph.D. in Psychology (2007) [Clinical]
M.S. Psychology (2004)

Trinity College: Hartford, CT

B.A. Psychology (2000)
Instituto Internacional, Madrid, Spain (1998)

ACADEMIC APPOINTMENTS

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| 2023 – present | Professor of Psychology |
| 2021 – 2023 | Charles A. Dana Research Associate Professor of Psychology |
| 2017 – 2021 | Associate Professor of Psychology |
| 2008 – 2017 | Assistant Professor of Psychology <i>Trinity College, Hartford, CT</i> |
| 2003 – 2004 | Instructor <i>Rutgers, The State University of New Jersey</i> |

GRANTS AWARDED

National Institutes of Health/National Institute on Drug Abuse R34 Clinical Trial Planning
Grant. Role: Principal Investigator (\$551,503) (2020-2024)
Faculty Research Grant, Trinity College (\$4000) (2019-21)
Faculty Research Grant, Trinity College (\$3995) (2014-15)
Community Learning Course Development Grant (\$1000) (2013, 2008)

CLINICAL AND RESEARCH TRAINING

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| 2007-2008 | Postdoctoral Resident in Clinical Psychology <i>VA Connecticut Healthcare System: Newington & West Haven, CT</i> <i>Yale University School of Medicine (Research Associate)</i> |
| 2006-2007 | Predoctoral Intern in Clinical Psychology <i>Division of Substance Abuse: Yale University School of Medicine,</i> <i>Department of Psychiatry: New Haven, CT</i> |

- 2005-2006 **Project Coordinator**
Rutgers Transdisciplinary Prevention Research Center
Trenton Central High School: Trenton, NJ
- 2004-2006 **Clinician**
Program for Addictions Consultation and Treatment: Piscataway, NJ
- 2003-2006 **Clinician**
The Psychological Clinic at Rutgers University: Piscataway, NJ
- 2005 **Clinician**
Behavior Therapy Associates: Somerset, NJ
- 2000-2002 **Research Coordinator, Behavioral Health**
Joslin Diabetes Center, Harvard Medical School: Boston, MA

PUBLICATIONS

Articles in refereed journals (*=student co-author)

- Holt, L.J.**, Petry, A.M., Bravo, A.J., & Folivi, F. (in press). E-cigarette quit attempts in emerging adults: Motivations for attempts and predictors of cessation barriers. *Nicotine & Tobacco Research*. <https://doi.org/10.1093/ntr/ntae283>
- Looby, A., Berry, K. A., Prince, M. A., Herchenroeder, L., Bravo, A. J., Conner, B.T., **Holt, L. J.**, Schepis, T. S., & Yeung, E.W. (2025). Differences in alcohol-related variables between individuals who engage in food and alcohol disturbance (FAD) behaviors and those who only use alcohol: The role of FAD motives. *Journal of Studies on Alcohol and Drugs*, 86(3), 461-468.
- Folivi, F., Petrey A.M., Bravo, A.J., **Holt, L.J.**, & Looby, A. (2025). Need frustration and e-cigarette dependence among college students: The mediating role of ruminative thinking. *Substance Use & Misuse*, 60(2), 202-210. <https://doi.org/10.1080/10826084.2024.2422951>
- Holt, L.J.**, Ginley, M.K., Pingeon, C.*, & Feinn, R. (2024). Primed for positive perceptions? Applying the acquired preparedness model to explain college students' e-cigarette use and dependence. *Journal of American College Health*, 72(6), 1734-1744.
- Mattanah, J., **Holt, L.J.**, Feinn, R., Bowley, O., Marszalek, K., Albert, E., Abduljalil, M., Daramola, D., Gim, J., Visalli, T., Boarman, R., & Katzenberg, C. (2024). Faculty-student rapport, student engagement, and approaches to collegiate learning: Exploring a mediational model. *Current Psychology*, 43, 23505-23516.
- Holt, L.J.**, Langdon, S., & Feinn, R. (2024). Who persists and who desists? A prospective study of prescription stimulant misuse in college graduates. *Journal of Drug Issues*, 54(2), 151-

166.

- Holt, L.J.** & Latimer, L.* (2024). Emerging adults' experiences with e-cigarette cessation. *Substance Use and Misuse* 59(3), 405-410.
- Mattanah, J., **Holt, L.J.**, Feinn, R., Katzenberg, C., Albert, E., Boarman, R., Bowley, O., Marszalek, K., Visalli, T., Daramola, D., & Abduljalil, M. (2024). Attachment representations and emotions in teaching as antecedents to teaching styles in higher education. *International Journal of Higher Education*, 13(1), 1-13.
- Mitchell, H.G., Kromash, R., **Holt, L.J.**, & Ginley, M.K. (2023). Concurrent gaming disorder/internet gaming disorder and electronic nicotine delivery systems dependency in emerging adults. *International Journal of Mental Health and Addiction*, 21, 1082-1091.
- Holt, L.J.**, Looby, A., Schepis, T.S., Stimulant Norms and Prevalence (SNAP) Study Team. (2023). Sources for prescription stimulant misuse: A person-centered approach to understanding links to substance use and psychiatric impairment. *Experimental and Clinical Psychopharmacology*, 31(2), 498-506.
- Dash, G.F., **Holt, L.J.**, Kenyon, E.A., Carter, E., Ho, D., Hudson, K.A., & Feldstein Ewing, S.W. (2022). Detection of vaping, cannabis use, and hazardous opioid use among adolescents. *The Lancet Child & Adolescent Health*, 6(11) 820-828.
- Holt, L.J.**, Anselmi, D., & Gasataya, S.A.* (2022). Predictors of vaccine hesitancy in college-attending emerging adults: Implications for public health outreach. *American Journal of Health Education*, 53(3), 186-195.
- Holt, L.J.**, Schepis, T.S., Looby, A., Marsh, E.*, Marut, P.*, & Feinn, R. (2020). How to say "no" most effectively: Evaluating resistance strategies for prescription stimulant diversion to inform preventive interventions. *Journal of American College Health*, 68(8), 872-882.
- Holt, L.J.**, & McCarthy, M.D.* (2020). Predictors of prescription stimulant misuse in US college graduates. *Substance Use & Misuse*, 55(4), 644-657.
- Holt, L.J.**, Marut, P.N.* , & Schepis, T.S. (2018). Pursued for their prescription: Exposure to compliance-gaining strategies predicts stimulant diversion in emerging adults. *Psychology of Addictive Behaviors*, 32(1), 122-131.
- Holt, L.J.**, & Looby A. (2018). Factors that differentiate prescription stimulant misusers from those at-risk for misuse: Expectancies, perceived safety, and diversion. *Substance Use and Misuse*, 53(7), 1068-1075.
- Holt, L.J.**, Mattanah, J., & Long, M.W.* (2018). Change in parental and peer relationship quality during emerging adulthood: Implications for academic, social, and emotional functioning. *Journal of Social and Personal Relationships*, 35(5), 743-769.

- Holt, L.J., & Fifer, J.E.*** (2018). Peer mentor characteristics that predict supportive relationships with first-year students: Implications for peer mentor programming and first-year student retention. *Journal of College Student Retention: Research, Theory, & Practice*, 20(1), 67-91.
- Holt, L.J., Mattanah, J.F., Schmidt, C.K., Daks, J.S., Brophy, E.N.*, Minnaar, P.Y.*, & Rorer, K.S.*** (2016). Effects of relationship education on emerging adults' relationship beliefs and behaviors. *Personal Relationships*, 23, 723-741.
- Sullivan, T.P., Flanagan, J.C., Dudley, D.N., **Holt, L.J.**, Mazure, C.M., & McKee, S.A. (2015). Correlates of smoking status among women experiencing intimate partner violence: Substance use, posttraumatic stress, and coping. *The American Journal on Addictions*, 24, 546-553.
- Holt, L.J., & Lopez, M.J.*** (2014). Characteristics and correlates of supportive peer mentoring: A mixed methods study. *Mentoring & Tutoring: Partnership in Learning*, 22, 415-432.
- Holt, L.J.** (2014). Help-seeking and social competence mediate the parental attachment-college student adjustment relation. *Personal Relationships*, 21, 640-654.
- Holt, L.J.** (2014). Attitudes about helping-seeking mediate the relation between parent attachment and academic adjustment in first-year college students. *Journal of College Student Development*, 55, 418-423.
- Holt, L.J., Armeli, S., Tennen, H., Austad, C.S., Raskin, S.A., Fallahi, C.R., Wood, R., Rosen, R.I., Ginley, M.K., & Pearlson, G.D.** (2013). A person-centered approach to understanding negative reinforcement drinking among first-year college students. *Addictive Behaviors*, 38, 2937-2944.
- Holt, L.J., Litt, M.D., & Cooney, N.L.** (2012). Prospective analysis of early lapse to drinking and smoking among individuals in concurrent alcohol and tobacco treatment. *Psychology of Addictive Behaviors*, 26, 561-572.
- Holt, L.J., & Berwise, C.A.*** (2012). Illuminating the process of peer mentoring: An examination and comparison of peer mentors' and first-year students' experiences. *Journal of the First-Year Experience and Students in Transition*, 24, 19-43.
- Sullivan, T.P., Titus, J.A., **Holt, L.J.**, Swan, S.C., Fisher, B.S., & Snow, D.L. (2010). Does the inclusion criterion of women's aggression as opposed to their victimization result in samples that differ on key dimensions of intimate partner violence? *Violence Against Women*, 16, 84-98.
- Holt, L.J., O'Malley, S.S., Rounsaville, B.J., & Ball, S.A.** (2009). Depressive symptoms, drinking consequences, and motivation to change in first time DWI offenders. *The American Journal of Drug and Alcohol Abuse*, 35, 117-122.
- Holt, L.J., Bry, B.H., & Johnson, V.L.** (2008). Enhancing school engagement in at-risk urban,

minority youth through a school-based adult mentoring intervention. *Child & Family Behavior Therapy*, 30, 297-318.

Johnson, V.L., **Holt, L.J.**, Bry, B.H., & Powell, S.R. (2008). Effects of an integrated preventive intervention on urban youth transitioning into high school. *Journal of Applied School Psychology*, 24, 225-246.

Sullivan, T.S., & **Holt, L.J.** (2008). PTSD symptom clusters are differentially related to substance use among community women exposed to intimate partner violence. *Journal of Traumatic Stress*, 21, 173-180.

Vangsness (Holt), L., Bry, B.H., & Labouvie, E.W. (2005). Impulsivity, negative expectancies, and marijuana use: A test of the acquired preparedness model. *Addictive Behaviors*, 30, 1071-1076.

Laffel L.M., Connell A., **Vangsness L.**, Goebel-Fabbri A., Mansfield A., & Anderson B.J. (2003). General quality of life in youth with type 1 diabetes: relationship to patient management and diabetes-specific family conflict. *Diabetes Care*, 26, 3067-3073.

Laffel L.M., **Vangsness L.**, Connell A., Goebel-Fabbri A., Butler D., & Anderson B.J. (2003). Impact of ambulatory, family-focused teamwork intervention on glycemic control in youth with type 1 diabetes. *Journal of Pediatrics*, 142, 409-416.

Anderson B.J., **Vangsness L.**, Connell A., Butler D., Goebel-Fabbri A., & Laffel L.M. (2002). Family conflict, adherence, and glycaemic control in youth with short duration Type 1 diabetes. *Diabetic Medicine*, 19, 635-642.

Goebel-Fabbri, A.E., Fikkan, J.L., Connell, A., **Vangsness, L.**, & Anderson, B.J. (2002). Identification and treatment of eating disorders in women with type 1 diabetes mellitus. *Treatments in Endocrinology*, 1, 155-162.

Book chapters

Holt, L.J., Kranitz, L.S., & Cooney, N.L. (2009). Individualized problem assessment I: Assessing cognitive and behavioral factors. In P. Miller (Ed.), *Evidence-based addiction treatment* (pp.119-137). San Diego, CA: Elsevier.

Kranitz, L.S., **Holt, L.J.**, & Cooney, N.L. (2009). Individualized problem assessment II: Assessing clients from a broader perspective. In P. Miller (Ed.), *Evidence-based addiction treatment* (pp.139-155). San Diego, CA: Elsevier.

Book reviews

Paul, H.A., & **Vangsness, L.** (2006). Review of 'Intimacy, change, and other therapeutic mysteries.' *Child and Family Behavior Therapy*, 28, 77-82.

Conference presentations and invited lectures (*=student co-author)

Berry, K., Macht, A., **Holt, L.J.**, & Looby, A. (2025, July). Differences in cannabis outcomes among college students with varying ADHD diagnostic histories, clinical thresholds, and symptom presentations. To be presented at the *Research Society on Marijuana*, Detroit, MI.

Holt, L.J., Petrey, A., Bravo, A.J., & Folivi, F. (2025, April). E-cigarette Quit Attempts in Emerging Adults: Motivations for Attempts and Predictors of Cessation Barriers. Poster presented at the 13th Annual *Collaborative Perspectives on Addiction Meeting*, Providence, RI.

Holt, L.J. (2024, November; 2022, March & April). Smart Pills? Prescription Stimulants in College. Invited presentations given at Sacred Heart University, Fairfield, CT.

Holt, L.J. (Symposium Chair), Looby, A., Schepis, T.S., & Feinn, R. (2024, April). Using Virtual Humans and Cyber Conversations to Prevent Prescription Stimulant Diversion and Misuse. Paper presented at the 12th Annual *Collaborative Perspectives on Addiction Meeting*, Denver, CO.

Holt, L.J. (2024, February). Understanding and preventing prescription stimulant misuse in college. Invited presentation at Southern Connecticut State University, New Haven, CT.

Holt, L.J., Gilmore, A.K., & Christian, N. (2023, March). From Innovation to Impact: How Entrepreneurship Training Can Facilitate Intervention Dissemination. Poster presented at the 11th annual *Collaborative Perspectives on Addiction Meeting*, Albuquerque, NM.

Holt, L.J. (Symposium Chair), Looby, A., Schepis, T.S., Benton, S.* , Delucia, A.* , Verdier, A.* , Vrotsos, K.* (2022, November). Preventing Prescription Stimulant Diversion and Misuse Via a Web-Based Simulation: Development and Preliminary Usability/Usefulness. Paper presented at the 55th Conference of the *Association for Behavioral and Cognitive Therapies*, New York, NY.

Schepis, T.S. & **Holt, L.J.** (2022, November). Recreational Prescription Stimulant Use in Young Adults: Causes, Consequences, and Preventive Interventions. Presentation delivered at the 5th annual *Cocaine, Meth, and Stimulant Summit Virtual Conference*.

Looby, A., **Holt, L. J.**, Schepis, T. S., & Stimulant Norms and Prevalence Study Team. (2022, April). Identifying Links between Prescription Stimulant Sources and Substance Use and Psychiatric Symptoms. Poster presented at the 10th annual *Collaborative Perspectives on Addiction Meeting*, Portland, OR.

Holt, L.J. (2021, November). Substance-Related Coping During COVID-19: Relations with COVID-Related Stress and Psychological Vulnerabilities. Paper presented virtually at the 10th *Meeting of the Society for the Study of Emerging Adulthood*.

Holt, L.J. (Symposium Chair), Najarian, C.* , & Pingeon, C.* (2020, November). How to Best Help College Students Quit Vaping? A Qualitative Analysis of Student Perspectives. Paper

presented virtually at the 53rd Conference of the *Association for Behavioral and Cognitive Therapies*.

Holt, L.J., Najarian, C.*, & Pingeon, C.* (2020, August). Motives for E-Cigarette Use among Emerging Adults: Starting with Friends, Staying for Stress Management. Paper presented virtually at the *American Psychological Association Convention*.

Holt, L.J. & McCarthy, M.* (2019, October). Predictors of Prescription Stimulant Misuse in U.S. College Graduates. Paper presented at the *9th Meeting of the Society for the Study of Emerging Adulthood*, Toronto, Canada.

Holt, L.J. (2019, October). Teaching Engaged Scholarship at the Undergraduate Level to Promote an Expanded View of Emerging Adulthood. Paper presented at the *9th Meeting of the Society for the Study of Emerging Adulthood*, Toronto, Canada.

Holt, L.J., Schepis, T.S., Looby, A., Marsh, E.*, & Marut, P.* (2019, April). Racial/Ethnic Differences in Prescription Stimulant Misuse, its Correlates, and ADHD-Related Stigma. Poster presented at the 9th annual *Collaborative Perspectives on Addiction Meeting*, Providence, RI.

Holt, L.J., Schepis, T.S., & Looby, A. (2018, November). How to Best Say “No”: Evaluating Resistance Strategies for Prescription Stimulant Requests. Symposium given at the 52nd Conference for the *Association for Behavioral and Cognitive Therapies*, Washington, D.C.

Holt, L.J., Marut, P.N.*, & Schepis, T.S. (2017, November). Pursued for Their Prescription: Predictors of Prescription Stimulant Diversion among Emerging Adults with ADHD. Symposium given at the *8th Meeting of the Society for the Study of Emerging Adulthood*, Washington, D.C.

Holt, L.J. (2017, August). Teaching Addiction Science at the Undergraduate Level: Fostering Empathy and Dispelling Myths. Symposium given at the 125th Convention of the *American Psychological Association*, Washington, D.C.

Holt, L.J., Marut, P.N.*, & Schepis, T.S. (2017, March). Predictors of prescription stimulant diversion among emerging adults with ADHD. *Sigma Xi* sponsored presentation given at Fairfield University, Fairfield, CT.

Holt, L.J., Looby, A., Ballard, A.*, Hightower, T.*, Kittleson, S.*, & Thune, E.* (2016, October). Preventing and reducing non-medical prescription stimulant use: Effects of a group motivational enhancement intervention. Poster presented at the 50th Annual Meeting of the *Association for Behavioral and Cognitive Therapies*, New York, NY.

Looby, A., **Holt, L.J.,** Engle, D.*, Haugen, A.*, Heppner, B.*, & Ballard, A.* (2015, November). Efficacy of a group-based motivational interviewing intervention to prevent and reduce nonmedical prescription stimulant use among college students. Poster presented at the 49th Annual Meeting of the *Association for Behavioral and Cognitive Therapies*, Chicago, IL.

Holt, L.J., Mattanah, J., Schmidt, C.K., Daks, J., Brophy, E.*, Rorer, K.*, & Delguercio, A.* (2015, October). Promoting psychological well-being in emerging adults through relationship

education. Paper presented at the 7th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Miami, FL.

Holt, L.J., Looby, A., Engle, D.*, Ballard, A.*, Haugen, A.*, & Heppner, B.* (2015, October). Preventing and reducing non-medical prescription stimulant use: Effects of a group motivational enhancement intervention. Paper presented at the 7th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Miami, FL.

Holt, L.J. & Fifer, J.* (2014, March). Predictors of supportive peer mentor relationships: Mentor attachment, personality, and self-efficacy. Poster presented at the Annual Meeting of the *Eastern Psychological Association*, Boston, MA.

Holt, L.J. (Symposium Chair), Mattanah, J., & Garmon, L. (2013, October). Attachment in emerging adulthood: Mechanisms of influence on college adjustment and romantic relationships. Symposium presented at the 6th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Chicago, IL.

Holt, L.J. (2013, June). A person-centered approach to understanding negative reinforcement drinking. Invited lecture at the *Yale University School of Medicine: Division of Prevention and Community Intervention*.

Holt, L.J. & Phillips, G.* (2012, October). Inter- and intrapersonal predictors of sense of school belonging in first-year college students. Paper presented at the Annual Meeting of the *New England Psychological Association*, Worcester, MA.

Holt, L.J. (2011, November). Parent-student relationship quality and student achievement: Pathways of influence. Invited lecture at the *Trinity Club of Fairfield*, Westport, CT.

Holt, L.J. (2011, October). Attitudes about helping-seeking mediate the relation between parent attachment and adjustment in first-year college students. Paper presented at the 5th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Providence, RI.

Holt, L.J., Armeli, S., Tennen, H., Raskin, S.A., Austad, C.S., Wood, R., Fallahi, C.R., Rosen, R.I., Ginley, M.K., & Pearlson, G.D. (2011, June). Do life events and social support moderate the risk of problem drinking in young adults with symptoms of depression and anxiety? Poster presented at the 34th Annual Meeting of the *Research Society on Alcoholism*, Atlanta, GA.

Cooney, N.L., **Holt, L.J.**, & Litt, M.D. (2011, June). Prospective analysis of early lapse to drinking and smoking among individuals in concurrent alcohol and tobacco treatment. Poster presented at the 34th Annual Meeting of the *Research Society on Alcoholism*, Atlanta, GA.

Holt, L.J. (2010/2011/2014/2016, October). Behavioral analysis techniques in cognitive-behavioral therapy. Invited lectures at the *University Connecticut School of Social Work*.

Holt, L.J. (2010, November). Community learning: Insights and lessons learned. Invited Common Hour presentation at *Trinity College*.

Bry, B.H., **Holt, L.J.**, Clarke, L., & Johnson, V. (2009, June). Prevention Practitioner-Researcher Collaboration: Advantages for University-based Researchers. Symposium presented at the 12th Biennial Conference of the *Society for Community Research and Action*, Montclair, NJ.

Holt, L.J. (Symposium Chair), Bry, B.H., & Johnson, V. (2009, May). Relationship Matters in Mentoring Relationships: Associations between Mentors' and Mentees' Perceptions of Relationship Quality and Mentees' Academic and Developmental Outcomes. Symposium presented at the 17th Annual Meeting of the *Society for Prevention Research*, Washington, D.C.

Holt, L.J., & Kranitz, L.S. (2008, April). Pulling from the abyss: Motivating smokers to quit after a relapse. Training presented at *Building Tobacco-Free Communities*, Waterbury, CT.

Holt, L.J., O'Malley, S.S., Rounsaville, B.J., & Ball, S.A. (2007, November). Pretreatment depressive symptoms and intervention outcomes in first-time DWI offenders. Poster presented at the *Association for Behavioral and Cognitive Therapies*, Philadelphia, PA.

Sullivan, T.P., & **Holt, L.J.** (2007, November). The relationship between partner-violence PTSD symptom clusters and substance use in community women. Paper presented at *The International Society for Traumatic Stress Studies*: Baltimore, MD.

Holt, L.J., Ball, S.A., Rounsaville, B.J., & O'Malley, S.S. (2007, July). Longitudinal relationships among depression, drinking, and drinking problems in first-time DWI offenders. Poster presented at the *Research Society on Alcoholism*: Chicago, IL.

Vangsness, L., & Bry, B.H. (2005, November). Enhancing self-efficacy, decision-making skills, and academic achievement in minority adolescents at risk for high school dropout: Results of a randomized controlled trial. Poster presented at the *Association for Behavioral and Cognitive Therapies*: Washington, D.C.

Vangsness, L., Bry, B.H., & Urga, P.A. (2004, November). Impulsivity, expectancies, and marijuana use in a college population. Poster presented at the *Association for Advancement of Behavior Therapy*: New Orleans, LA.

Bry, B.H., Urga, P., **Vangsness, L.**, & Pugh, L. (2004, July). Collaborative development of prevention trial manual, competence, and adherence measures. Presentation at the *Annual Convention of the American Psychological Association*: Honolulu, Hawaii.

Vangsness, L., Bry, B.H., & Urga, P.A. (2004, June & 2005, November, respectively). Impulsivity, expectancies, and alcohol use in a college sample. Poster presented at the *Research Society on Alcoholism*: Vancouver, Canada and *NIAAA Trainee Workshop*: Indianapolis, Indiana.

Vangsness, L., & Bry, B.H. (2004, May). Relationship between impulsivity, alcohol and marijuana expectancies, and substance use in young adults: Implications for theory and preventive interventions. Poster presented at the *Society for Prevention Research*: Quebec City, Canada.

UNDERGRADUATE RESEARCH SUPERVISION

Allison Macht, '24 "DOES RESILIENCE MODERATE THE ASSOCIATION BETWEEN ADHD, QUALITY OF LIFE, AND TREATMENT SATISFACTION?"

Alisson Paredes-Naveda, '24 "RELATIONS AMONG ACCULTURATIVE STRESS, FAMILY PRESSURE, RESILIENCE, AND SUBSTANCE MISUSE IN INTERNATIONAL COLLEGE STUDENTS"

Allison Futter, '23 "TESTING THE FEASIBILITY OF A POSITIVE PSYCHOLOGY MOBILE HEALTH APP FOR COLLEGE ELECTRONIC CIGARETTE USERS"

Leah Latimer, '23 "E-CIGARETTE EXPECTANCIES, CONSEQUENCES, AND PREFERRED QUIT STRATEGIES: IMPLICATIONS FOR INTERVENTIONS WITH COLLEGE STUDENTS"

Angela Delucia, '22 "PREDICTORS OF MEDICAL MISUSE AND DIVERSION AMONG COLLEGE STUDENTS PRESCRIBED STIMULANT MEDICATIONS"

Madelyn Shapiro, '22 "CHANGES IN COLLEGE STUDENTS' SUBSTANCE USE HABITS AND MOTIVATIONS DURING COVID-19"

Alice Verdier, '22 "PREDICTORS OF PRESCRIPTION STIMULANT MEDICAL MISUSE AND DIVERSION: CONDUCT PROBLEMS AND PERCEPTIONS OF RISK"

Nicole Zeien, '21 "SUBSTANCE USE AMONG TRAJECTORIES AMONG COLLEGE GRADUATES: ASSOCIATIONS WITH EMPLOYMENT STATUS, LIVING CONDITIONS, AND NEGATIVE MOOD STATES"

Asa Wint, '21 "NICOTINE AND CANNABIS VAPING AMONG COLLEGE STUDENTS: FACTORS ASSOCIATED WITH INITIATION, PATTERNS OF USE, AND DEPENDENCY"

Tina Zhu, '21 "DEPRESSION AND INFORMATION PROCESSING: THE INFLUENCE OF AFFECTIVE CUES ON COLLEGE STUDENTS' MEMORY RETRIEVAL"

Clara Pingeon, '20 "HOW DO PERSONALITY AND THE MEDIA SHAPE PERCEIVED RISKS AND BENEFITS OF E-CIGARETTES?"

Carolyn Najarian, '20 "THE EFFECTS OF SOCIAL INFLUENCE AND PEER PRESSURE ON EMERGING ADULTS' VAPING"

Megan McCarthy, '19, "PREDICTORS OF PRESCRIPTION STIMULANT MISUSE IN COLLEGE GRADUATES"

Joanne Chambers, '19, "RACIAL/ETHNIC IDENTITY EXPRESSION AT TRINITY"

COLLEGE: P.R.I.D.E. AS A PSYCHOLOGICAL BUFFER”

Eliza Marsh, '18, "EFFICACY OF REFUSAL STRATEGIES FOR PRESCRIPTION STIMULANT REQUESTS"

Annabel Stanley, '18, "ALCOHOL USE IN STUDENT ATHLETES: THE INFLUENCE OF INJUNCTIVE NORMS, TRAIT URGENCY AND COMPETITIVENESS"

Kayla O'Connor, '18, "THE INFLUENCE OF PROTECTIVE BEHAVIORAL STRATEGIES, COACH MANAGEMENT STRATEGIES, AND PLAYER-COACH RELATIONSHIP ON ATHLETES' ALCOHOL BEHAVIORS: A MIXED-METHODS STUDY"

Ali Chalfin, '17 “THE ROLE OF FAMILY DYNAMICS IN A PREVENTIVE INTERVENTION STUDY FOR CHILDHOOD ANXIETY”

Paige Marut, '17 “PURSUED FOR THEIR PRESCRIPTION: PRESCRIPTION STIMULANT DIVERSION AMONG COLLEGE STUDENTS WITH ADHD WHO ARE APPROACHED FOR THEIR MEDICATION”

Jade Lee, '17 “A PRELIMINARY INVESTIGATION OF CONNECTING THROUGH LITERACY INCARCERATED PARENT AND THEIR CHILDREN: ASSESSING THE EXPERIENCES OF CHILD PARTICIPANTS”

Lyndsay Brattan, '16 “FACTORS THAT AFFECT ENGAGEMENT IN A YOUTH VIOLENCE PREVENTION PROGRAM”

Tyler Hightower, '16 “PREVENTING AND REDUCING NON-MEDICAL PRESCRIPTION STIMULANT USE: AN INTERVENTION STUDY”

Katherine Rorer, '15 “THE EFFECTS OF RELATIONSHIP EDUCATION ON COLLEGE STUDENTS' NEGATIVE AFFECT, RELATIONSHIP BELIEFS, AND RISKY SEXUAL BEHAVIOR”

Dana Engle, '15 “PREVENTING AND REDUCING NON-MEDICAL PRESCRIPTION STIMULANT USE IN COLLEGE STUDENTS THROUGH A GROUP MOTIVATIONAL INTERVIEWING INTERVENTION”

Michelle Long, '15 “LONGITUDINAL INVESTIGATION OF PARENT AND PEER ATTACHMENT AND THEIR RELATION TO COLLEGE ADJUSTMENT, SUBSTANCE USE, AND RISKY SEXUAL BEHAVIOR.

Henry Eff, '14 “THE CONTENT AND MALLEABILITY OF COLLEGE STUDENTS' PERCEPTIONS OF NON-MEDICAL PRESCRIPTION STIMULANT USE”

Constance Minot, '14 “PSYCHOLOGICAL AND DEMOGRAPHIC PREDICTORS OF NON-MEDICAL PRESCRIPTION STIMULANT EXPECTANCIES AND USE IN TRINITY

COLLEGE STUDENTS”

Rachel Reingold, '14 “AN EXPLORATORY STUDY OF COLLEGE STUDENTS’ ATTITUDES ABOUT ECSTASY.”

Maria Young, '14 “COLLEGE STUDENTS’ PERCEIVED RISKS OF ECSTASY USE AND THE STATE OF ECSTASY PREVENTION”

Michael Benson, '13 (Dina Anselmi, Co-Advisor) “EFFECTS OF PERCEIVED OPPORTUNITY AND EGO DEPLETION ON COLLEGIATE ACADEMIC MISCONDUCT”

Jasmine Washington, '13 (Randolph Lee, Co-Advisor) “THE RELATIONS AMONG PSYCHOLOGICAL AND DEMOGRAPHIC FACTORS IN INDIVIDUALS WITH LOWER LIMB AMPUTATION”

Jenny Ley '12 (Dina Anselmi, Co-Advisor) “THE EFFECTS OF A SCHOOL-BASED ARTS PROGRAM ON YOUTHS’ SOCIAL, PERSONAL, AND ACADEMIC FUNCTIONING”

Geraldine Fernandez '12 (Dina Anselmi, Co-Advisor) “DYSFUNCTIONAL BELIEFS, ADHD SYMPTOMS, AND EARLY DEVELOPMENTAL INFLUENCES AS PREDICTORS OF SYMPTOM SEVERITY IN COMPULSIVE HOARDING AND OBSESSIVE-COMPULSIVE DISORDER”

Jasmine Owarish-Gross '12 “DO GENDER AND RELATIONSHIP COMPOSITION AFFECT COLLEGE STUDENTS’ PERCEPTIONS OF DOMESTIC VIOLENCE SEVERITY?”

Jamie Callahan '11 (Carol Shilliday, Co-Advisor) “RELATIONS AMONG PARENT AND PEER ATTACHMENT, EMOTION REGULATION, SELF-ESTEEM, AND RISKY BEHAVIOR IN FIRST-YEAR COLLEGE STUDENTS”

Benjamin Gascoigne '10 (Dina Anselmi & David Reuman, Co-Advisors) “THE EFFECT OF STUDENT PERCEPTIONS OF TEACHER FEEDBACK ON MOTIVATIONAL VARIABLES FOR LEARNING”

Lindsay Nyce '10 (Dina Anselmi & David Reuman, Co-Advisors) “PERCEIVED MODIFIABILITY OF QUANTITATIVE REASONING AND SELF-EFFICACY IN COLLEGE STUDENTS”

Erika Klotz '10 (Dina Anselmi & David Reuman, Co-Advisors) “MOTIVATED TO ACHIEVE: IMPROVING ACADEMIC ACHIEVEMENT BY ENHANCING STUDENTS’ SELF-EFFICACY BELIEFS”

SERVICE TO TRINITY COLLEGE

Institutional Review Board (Chair 2022-2024; Member, 2019-present)
Co-Chair, Trinity Bicentennial Celebration Committee (2022-2024)

Member, Dean of Faculty Review Committee (2022)
 Member, Admissions and Financial Aid Committee (2022-2024)
 Faculty Liaison to the Women's Lacrosse Team (2017-present)
 Member, New Faculty Orientation Committee (2010-present)
 Faculty Advisor, *Psi Chi*, The National Honor Society in Psychology (2013-2023)
 Member, Center for Hartford Engagement and Research Working Group (2018-2020, 2024)
 Faculty Liaison to Study Away Program in Buenos Aires (2017-2020)
 Coordinator, First-Year Academic Mentor Training and Supervision (2014-2019)
 Member, Faculty Conference (2013-2016)
 Member, Community Learning Advisory Initiative Group (2010-2018)
 Center for Teaching and Learning New Faculty Seminars (2009-2010)

SERVICE TO THE COMMUNITY

Hartford Data Collaborative: Data Oversight Committee (2018-present)
 Morley Elementary School, Parent-Teacher Organization Executive Board (2018-2023)
 Clean Slate Educational Foundation Board (2017-2018)
 Trinity College Community Child Center Board (2011-2017)

PROFESSIONAL MEMBERSHIPS & LEADERSHIP

Society for the Study of Emerging Adulthood:
 Substance Use & Abuse Topic Network Chair (2018-2023)
 American Psychological Association
 Addiction Psychology, Division 50 of the American Psychological Association
 Association for Behavioral and Cognitive Therapies
 Addictive Behaviors, Special Interest Group
 Clinical Psychology at Liberal Arts College, Special Interest Group

AD HOC REVIEWER

Addiction
Addiction Research and Theory
Addictive Behaviors
American Journal of Drug and Alcohol Abuse
Counselling Psychology Quarterly
Drug and Alcohol Dependence
Emerging Adulthood
Experimental and Clinical Psychopharmacology
Harvard Review of Psychiatry
International Journal of Mental Health and Addiction
Journal of Adolescence
Journal of Adolescent Health
Journal of American College Health
Journal of Consulting and Clinical Psychology
Journal of Drug Issues
Journal of Experimental Education
Journal of Genetic Psychology

Journal of Social and Personal Relationships
Learning and Individual Differences
Nicotine and Tobacco Research
Personal Relationships
Psychology of Addictive Behaviors
Substance Abuse Treatment, Prevention, and Policy
Violence Against Women

DISTINCTIONS

Mentoring Students Prize (2024)
Charles A. Dana Associate Research Professor of Psychology (2021-2023)
Innovation to Impact Fellow, Yale University/National Institute on Drug Abuse (2021)
Center for Teaching and Learning Fellow (2013-2014)
Arthur H. Hughes Award for Achievement in Teaching (2011)
National Institute on Alcohol Abuse and Alcoholism Predoctoral Fellow (2003-2006)
Travel award: Critical Issues in Community-Based Research Partnerships (2004)
Travel award, Samuel B. Guze Symposium on Alcoholism (2003)
Phi Beta Kappa & Psi Chi National Honor Societies: Trinity College
President's Fellow in Psychology: Trinity College (2000)
Grace B. Starkey Merit Scholarship: Trinity College (1997-2000)

LANGUAGE PROFICIENCY

Fluent in conversational Spanish