Implementation of Intentions Treatment Module

Patient Name: _____

Treatment Session #1 – If/Then Task Completion (establishing cues) Date: _____

Scoring:

2 – correct task performed

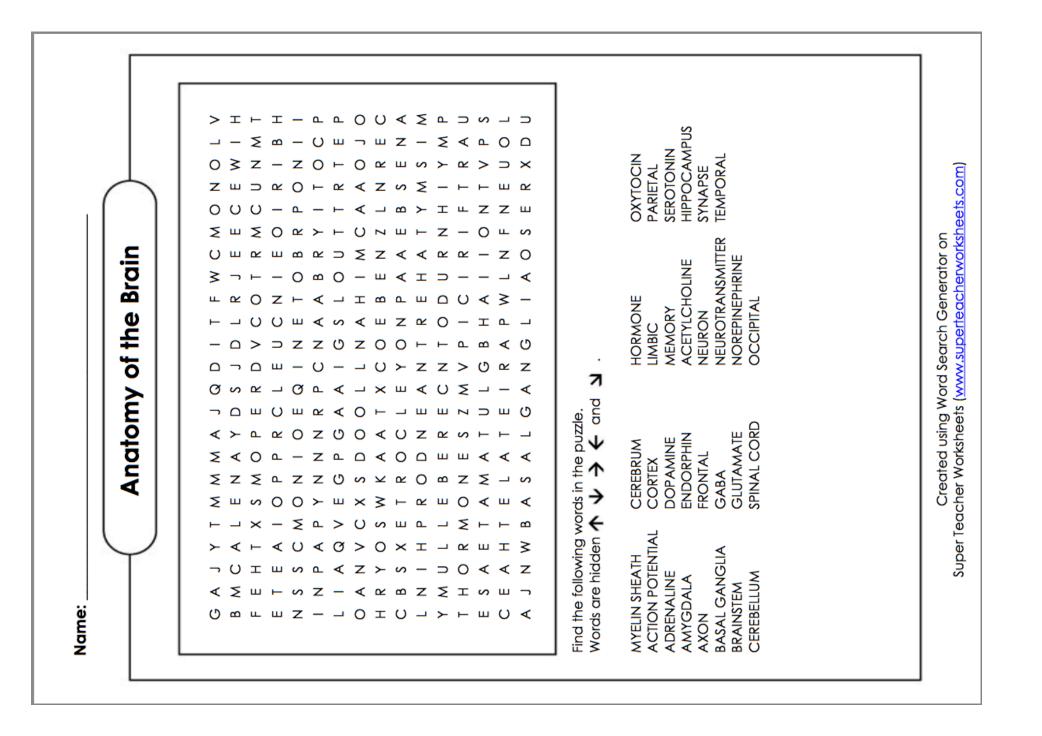
1 – incorrect task performed

0 – no task performed

Materials needed for this session: Red pen Sticky note Portable clock Distractor task

Time	Task		Score		Notes/Comments
+0:00	Say, "If you hand me a red				
	pen, then I will write my name				
	with it"				
+0:01	Say, "If you say hello, then I				
	will respond with a similar				
	greeting"				
+0:03	Say, "If you knock on the				
	table, then I will write the date				
	on my paper"				
+0:05	*hand examinee red pen*				
		0	1	2	
+0:07	Say, "If you hand me a sticky				
	note, then I will draw my				
	favorite shape"				
+0:10	*say hello*				
		0	1	2	
+0:11	*knock on the table*				
		0	1	2	

+0:13	Say, "If you move the clock,				
10.13					
	then I will tell you what time it				
	is"				
+0:15	Say, "If you hand me an				
	envelope, then I will self-				
	address it"				
+0:16	*move the clock*				
		0	1	2	
+0:18	Say, "If you play the tape in				
0.10	the stereo, then I will tell you				
	to turn it off"				
+0:20	*hand examinee envelope*				
0.20	nunu exuminee envelope	0	1	2	
		0	1	2	
+0:21	Say "If you turn a light off				
+0.21	Say, " If you turn a light off,				
	then I will turn the lamp on"				
+0:23	Say, " If you tell me that Dr.				
	Raskin is not in the office				
	today, then I will point to a				
	diploma on the wall"				
+0:25	*play the tape in the stereo*				
		0	1	2	
+0:28	*turn a light off*				
	0 11	0	1	2	
		Ũ		-	
+0:30	*tell examinee that Dr. Raskin				
0.50	is not in the office today*	0	1	2	
	is not in the office touty	0	1	2	



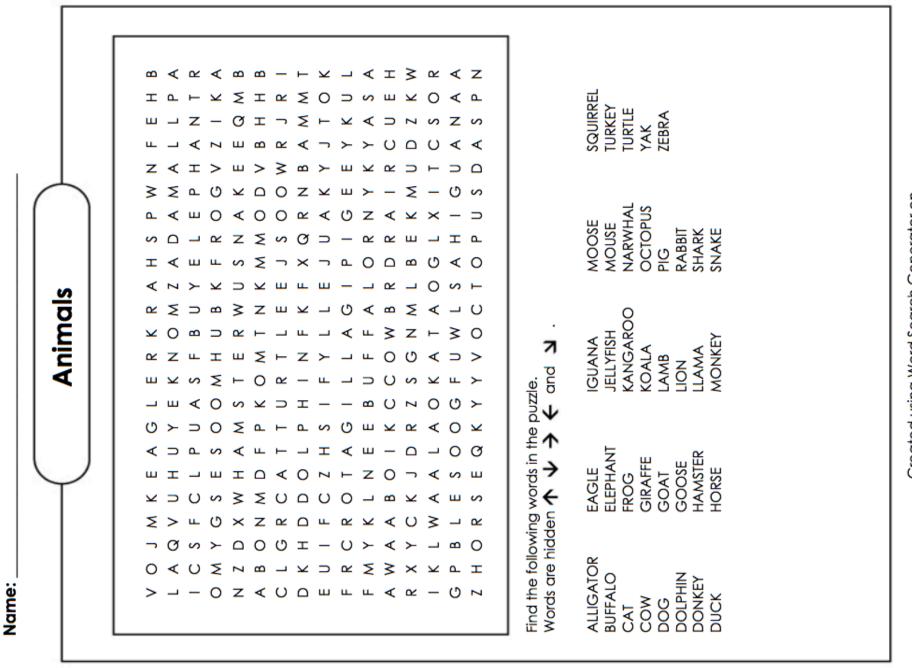
Treatment Session #2 – If/Then Task Completion (goal-oriented cues) Date: _____

Materials needed for this session:

Distractor task – word search 2 blank pieces of paper Sticky note Red pen

Time	Task		Score		Notes/Comments
+0:00	Say, "If you tell me the time of				
	our next session, then I will				
	put it in my planner"				
+0:02	Say, "If you hand me a piece				
	of paper, then I will write 3				
	tasks I need to complete this				
	week"				
+0:04	*tell examinee time of next				
	session*	0	1	2	
+0:05	Say, "If you hand me a sticky				
	note with words on them, then				
	I will immediately locate those				
	words in the word search"				
+0:07	*hand examinee piece of				
	paper*	0	1	2	
+0:10	Say, "If you hand me another				
	piece of paper, then I will				
	write down two things I need				
	to get at the grocery store"				

+0:11	Say, " If you tell me the date of				
	our next session, then I will				
	tell you how I will get here"				
+0:13	*hand examinee a sticky				
	note*	0	1	2	
+0:18	*hand examinee second piece				
	of paper*	0	1	2	
+0:20	Say, "If you hand me a red				
	pen, then I will write down the time and date of our next				
	session on my paper"				
+0:21	<i>*tell examinee date of next</i>				
-0.21	session*	0	1	2	
		°,	-	-	
+0:23	*hand examinee red pen*				
	-	0	1	2	
+0:25	Say, "If you turn the light off,				
	then I will tell you to turn it				
	back on and give you one				
+0.26	reason why I need it on now"		 		
+0:26	Say, "If you tell me to stop				
	working on the word search, then I will stop immediately				
	even if I am in the middle of				
	finding a word"				
+0:28	*turn the light off*				
		0	1	2	
		-			
+0:30	*tell examinee to stop working				
	on word search*	0	1	2	



Curran Taanhar Markehaate Kuuuu muadaanhanuarkehaate aaml Created using Word Search Generator on

Treatment Session #3 – If/Then Task Completion (simple decision-making) Date: _____

Scoring:

2 – no trouble making decision 1 – hesitation in making decision

- 0 unable to decide

Materials needed for this session: Stapler Portable clock 2 different colored pens Distractor task – word search

Time	Task	Score	Notes/Comments
+0:00	Say, "If you hand me two		
	different colored pens, then I		
	will use the one whose color I		
	like best"		
+0:02	Say, "If I had \$1 in the grocery		
	store and milk and eggs each	0 1 2	
	cost \$1, then I must pick one"		
	Which would you buy?		
+0:05	*hand examinee two different		
	colored pens*	0 1 2	
+0:07	Say, "If you give me two		
	words, then I will pick one and		
	find it next in the word search"		
+0:08	Say, "If you tap the clock,		
	then I will tell you what I want		
	to eat for dinner tonight"		
+0:10	*assign examinee two words*		
		0 1 2	
+0:14	Say, "If you hand me a pen,		
	then I will write my name on		
	my paper in either cursive or		
	print"		

+0:16	*tap clock*					
	up ciocn	0	1		2	
		-	-	-	_	
+0:18	Say, "If I am free tonight at					
	7pm, then I could stay home					
	and watch a movie or go out	0	1		2	
	with friends"					
	Which would you choose?					
+0:20	*hand examinee a pen*					
		0	1	-	2	
+0:23	Say, "If both of my favorite					
	TV shows are on at the same	0	1		2	
	time but on different channels,	0	1		2	
	then I can only watch one while it airs"					
	How would you choose which					
	one to watch?					
+0:25	Say, "If I could go out to					
10.23	dinner or stay home and order					
	delivery food tonight, then I	0	1		2	
	would have to choose which	U			2	
	one I'd rather do"					
	Which would you choose?					
+0:27	Say, "If you hand me a stapler,					
	then I must pick one corner of					
	my paper to staple"					
+0:30	*hand examinee stapler*					
		0	1		2	

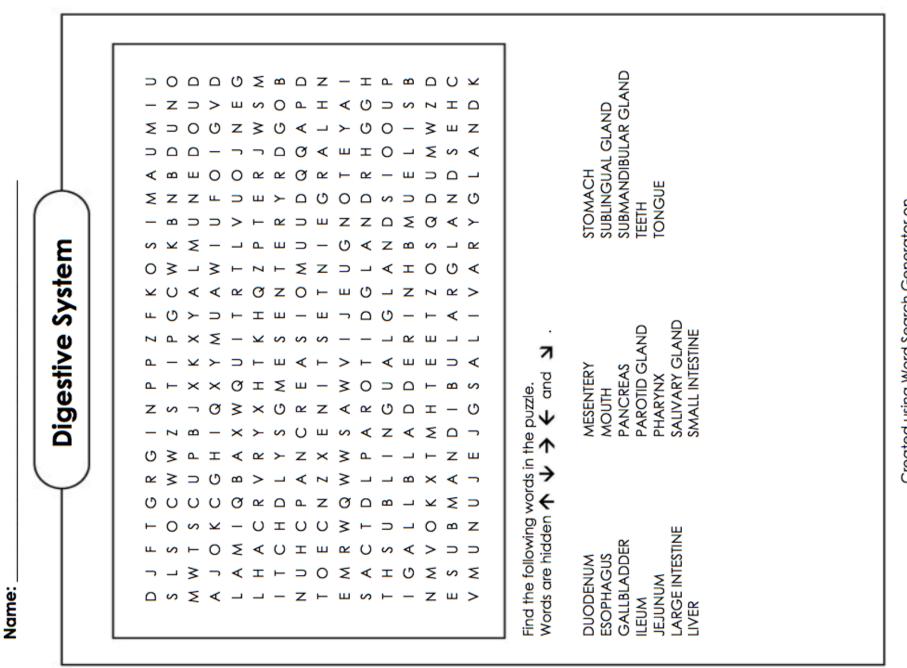
Treatment Session #4 – If/Then Task Completion (simple decision-making) Date:

Materials needed for this session:

2 blank pieces of paper Distractor task Pencil holder Pen

Time	Task		Score		Notes/Comments
+0:00	Say, "If you move the pencil				
	holder, then I will pick a new				
	writing utensil"				
+0:02					
	then I will write either the date				
	or the time on my paper"				
+0:05	*move pencil holder*				
		0	1	2	
+0:07	Say, "If you say we need to				
0.07	reschedule next week's	0	1	2	
	session, then I will give you an	0	1	2	
	alternate day that will work for				
	me"				
+0:10	*hand examinee pen*				
	-	0	1	2	
+0:11	Say, "If you hand me a blank				
	piece of paper, then I will				
	either fold it or rip it in half"				
+0:13	*tell examinee we need to				
	reschedule*	0	1	2	

+0:15	Say, " If I were out to dinner and could get pasta or pizza, then I'd have to pick and get only one" <i>Which would you choose?</i>	0	1	2	
+0:17	*hand examinee blank paper*	0	1	2	
+0:20	Say, " If you give me two different colors, then I will tell you which one I like better"				
+0:22	Say, " If I could go for a run or a bike ride, then I'd have to pick which I'd rather do" <i>What would you choose?</i>	0	1	2	
+0:24	*give examinee two colors*	0	1	2	
+0:27	Say, " If you draw two different animals, then I will circle which animal I like best"				
+0:30	*give examinee animals*	0	1	2	



Super Teacher Worksheets (www.superteacherworksheets.com) Created using Word Search Generator on

Treatment Session #5 – If/Then Task Completion (complex decision-making) Date: _____

Materials needed for this session:

Distractor task 5 item to-do list Grocery list Envelope

Time	Task	Score	Notes/Comments
+0:00	Say, " If I got a call from my friend but my mom was waiting for me outside, then I would have to decide whether or not to answer the call" <i>How would you handle the</i> <i>situation</i> ?	0 1 2	
+0:05	Say, "If I had a hair apt. and a doctor's apt. scheduled for the same time on the same day, then I'd have to choose which I'd go to" <i>What would you choose?</i>	0 1 2	
+0:06	Say, " If you write a to-do list with 5 tasks, then I will circle the 3 I find most important"		
+0:08	Say, " If you give me a list of grocery items, then I will rearrange the items on the list from most to least important for me to buy"		
+0:10	*hand examinee to-do list*	0 1 2	

+0:12	*hand examinee grocery list*				
10.12	nunu examinee grocery ust	0	1	2	
		U	1	2	
+0:15	Say, "If I could go on an all-				
.0.15	expenses paid trip to either the				
	Bahamas or California, then I	0	1	2	
	can only pick one location"	Ŭ	1	2	
	Where would you go?				
+0:17	Say, " If I could work a boring				
	job but make a lot of money or				
	do what I love for a job but not				
	make much money, then I	0	1	2	
	would have to choose between	-			
	the two"				
	Which would you do and how				
	would you decide?				
+0:20	Say, " If you hand me an				
	envelope with \$1,000 in it,				
	then I must choose who to				
	address the envelope to"				
+0:22	Say, "If I could live in Spain				
	or France, then I would have				
	to decide which is better for	0	1	2	
	my lifestyle"				
	Which would you choose?				
+0:25	Say, "If I planned to go away				
	for the weekend but I have to				
	wait tables Saturday night,			_	
	then I would have to give up	0	1	2	
	my shift or not go on vacation"				
	How would you handle this?				
+0:30	*hand examinee envelope*	<u>_</u>		•	
		0	1	2	

							Se	en	ISC	or)	/ (Dr	g	nr	S)					
	X A B A E N R O C I S	M E R M Q A J I P S W D	M S J M R A E R E T U	H L I X U M A F R U B	N E Y S P A L E			L H S N N I H F A	H W E R I T I R A S T Y T	C X F Z Q	R P L E R U O F T	E O J E E Y E E E A I E X L	W L U G U J B Y S L L F L I Q L	Е		O K O O M Y T Z I R J I E E	I M T R D	P C A Z H C S S E H	R L M J P F R M I E E A Z	L Q L X U M A V R E	P S S X B N O J N E R F Z Z	O U O H O Y Z Y C W S O K H J L
Words	NEA LENS TASTE BUD MIDDLE EAR TONGUE DRUM VESTIBULE OF THE EAR SEMICIRC									UDS E												

Grocery List:

- Fruits and vegetables
- Chicken
- Milk
- Eggs
- Dessert

To-Do List:

- Go to grocery store
- Clean the kitchen
- Get the mail
- Walk the dog
- Do laundry

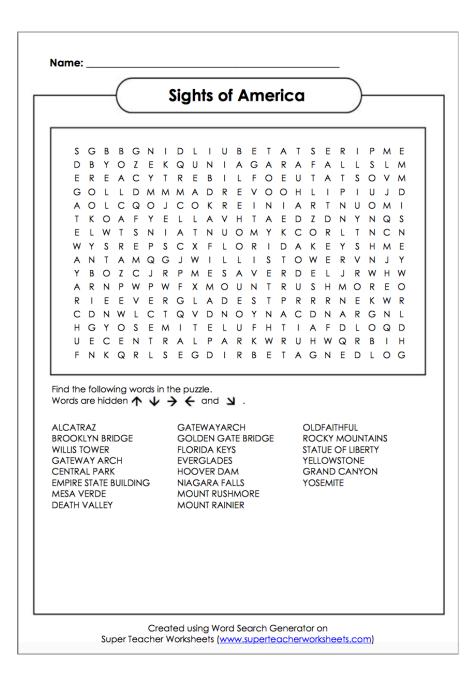
Treatment Session #6 – If/Then Task Completion (complex decision-making) Date: _____

Materials needed for this session:

Distractor task 3 item to-do list

Time	Task	Score	Notes/Comments
+0:00	Say, " If I were offered a scholarship to one school, but had to pay full tuition to a better school, then I would have to decide where to go" <i>Which school would you</i> <i>choose and why</i> ?	0 1 2	
+0:05	Say, " If I hated my boss but loved my job, then I would have to decide whether or not to stay at my job" <i>What would you do?</i>	0 1 2	
+0:09	Say, " If I was given \$1,000, then I would have to decide how to spend it" <i>What would you do and how</i> <i>would you decide</i> ?	0 1 2	
+0:14	Say, " If you write a to-do list with 3 tasks, then I will circle the one I find most important"		
+0:17	Say, " If I could go on vacation with one person, then I would have to decide who to bring" <i>Who would you choose and</i> <i>why</i> ?	0 1 2	

+0:22	Say, " If you name two states, then I will tell you which I'd rather live in"					
+0:25	*hand examinee to-do list*	0]	l	2	
+0:27	Say, " If I told two different friends I would hang out with them individually at the same time on the same day, then I would have to alter my plans" <i>How would you handle that</i> <i>situation?</i>	0]	[2	
+0:30	*tell examinee two states*	0]	1	2	



To-Do List:

- Email boss about requesting a day off
- Pick up milk for dinner tomorrow night
- Wash clothes for work tomorrow

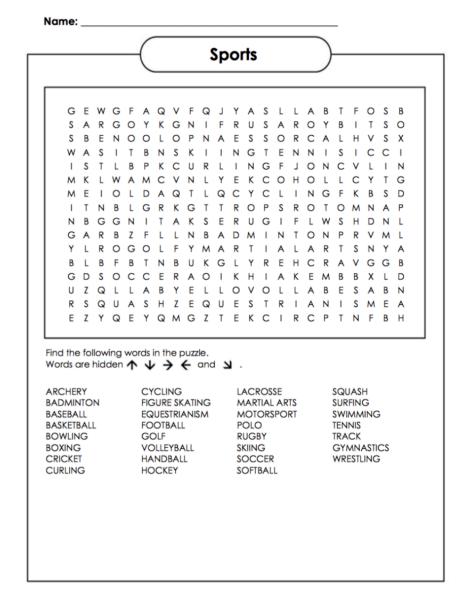
Treatment Session #7 – Task Completion (simple future thought model) Date: _____

Materials needed for this session:

Distractor task 3 item to-do list Grocery list

Time	Task		Score		Notes/Comments
+0:00	If I tell you 3 tasks to complete				
	this week, then you will				
	rearrange them and repeat				
	them back to me in order from				
	most to least important.				
+0:02	If I name 2 shapes, then you				
	will draw your favorite one.				
+0:05	Describe your morning routine				
		0	1	2	
+0:11					
	me where you would go to find				
	the items and in which order				
	you would locate them.				
+0:15	*give examinee 3 tasks*		_		
		0	1	2	
0.10					
+0:19	*give examinee 2 shapes*	0			
		0	1	2	
+0:23	5 5	0	1	2	
	or a cat, which would you	0	1	2	
	choose? Explain to me how				
	you would decide.				

+0:26	*give examinee grocery list*	0	1	2	
	Explain to me what you will have for dinner tonight and how you will make it.	0	1	2	



To-Do List:

- Go to gym
- Call mom
- Go to grocery store

Grocery List:

- Milk
- Eggs
- Apples
- Chicken
- Chips
- Candy
- Pasta

Created using Word Search Generator on Super Teacher Worksheets (<u>www.superteacherworksheets.com</u>) Treatment Session #8 – Task Completion (simple future thought model) Date: _____

Materials needed for this session:

Distractor task

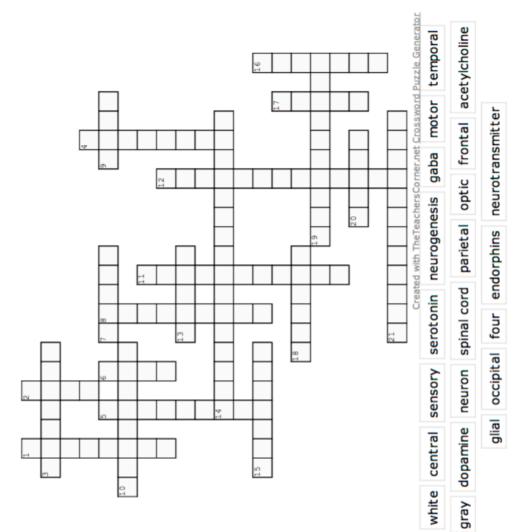
3 blank pieces of paper - Dinner drawing

- Pb&j directions
- 8-11am plan

Time	Task		Score		Notes/Comments
+0:00	Explain to me what you plan on doing tomorrow.	0	1	2	
	on doing tomorrow.	0	1	2	
+0:05	If I ask you what you want for				
	dinner tonight, then you will				
	draw it on a piece of paper.				
+0:08	Explain how you will get home				
	from this session today.	0	1	2	
0.40					
+0:12	*ask examinee what they want	0			
	for dinner*	0	I	2	
+0:15	If I tell you I want a peanut				
	butter and jelly sandwich for				
	lunch today, then you will				
	write down all the steps to				
	make it.				
+0:17	5 1 11 /				
	you will write down				
	everything you plan on doing				
	between the hours of 8-11am				
	tomorrow morning.				

+0:20	*hand examinee paper*	0	1	2	
+0:22	*tell examinee you want a pb&j*	0	1	2	
+0:26	If you had the option to bike or to jog, which would you rather do? where will you do it? for how long?	0	1	2	
+0:30	Tell me what day and time we are meeting next, and how you will get to and from this location.	0	1	2	





Across

nervous system consists of lobes. neuron is responsible for carrying information from the central nervous lobe is responsible for 9. The cerebral cortex has the brain and spinal cord. system to muscle. 7. The **3.** The

sensory input. 10. The

14. This is a chemical released by neurons at the nerve is responsible for sending visual stimuli to the brain. synapse. 13. The

18. This brain cell has long fibrous projections that lobe is responsible for judgement, planning, and decision making. 15. The

19. When you exercise, the brain releases transmit information.

matter consists of nerve 20. The

21. This is the production and growth of neurons. a xons.

1. The Down

lobe is responsible for

11. This is a bundle of nerve fibers running through 12. People with Alzheimer's disease have a deficit 4. People with Parkinson's disease have a deficit lobe is responsible for vision carrying information from sensory organs to the neuron is responsible for 5. This neurotransmitter is responsible for the matter consists of nerve regulation of mood, sleep, appetite, and 6. This is an inhibitory neurotransmitter. auditory processing and balance. in this neurotransmitter. in this neurotransmitter. the vertebral column. temperature. processing. 16. The bodies. 2. The 8. The

17. This brain cell supports and nourishes neurons. central nervous system.

Treatment Session #9 – Task Completion (complex future thought model) Date: _____

Materials needed for this session:

Distractor task

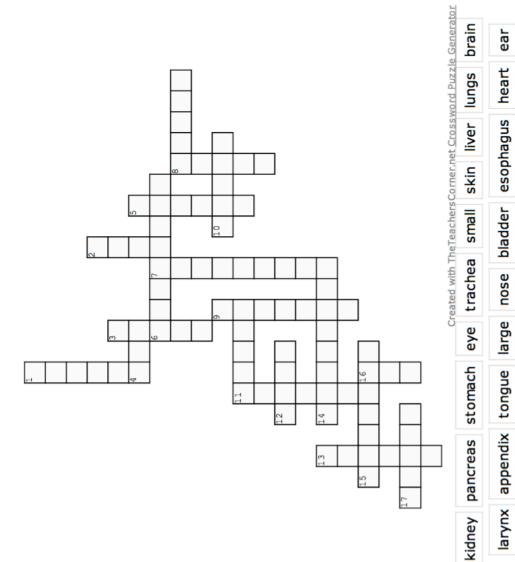
2 different running workouts

- 1 mile jog
- Two $\frac{1}{2}$ mile runs at a faster pace but with a rest in between

Time	Task	Score	Notes/Comments
+0:00	If you were to move to a new state, which state you would choose? Explain the rationale behind your decision.	0 1 2	
+0:05	Close your eyes and imagine yourself on vacation. Where would you go? How would you get there?	0 1 2	
+0:09		0 1 2	
+0:16	Your car broke down, meaning you can no longer drive to the grocery store today. How would you get there now?	0 1 2	

+0:20	If I read you two different running workouts, imagine yourself doing both, then tell me which you'd rather do.				
+0:23	Explain to me your plans for the weekend.	0	1	2	
+0:30	*read examinee workouts*	0	1	2	





<u>Across</u>

4. The ______ receives auditory stimuli and helps with our balance.
6. This vestigial organ is removed in appendectomy.
8. The ______ purifies the body from different harmful substances.
10. The ______ pumps blood throughout the

body. **11.** The _________ intestine is the site for the most digestion and absorption of the food you eat.

14. A decrease in insulin secretion by this organ can cause diabetes.

15. The ______ connects the larynx and pharynx with the lungs.

17. The ______ are responsible for removing oxygen from the air we breathe and transferring it to our blood.

the environment.

Down

1. The

has over 10,000 taste buds,

intestine performs the finishing short time storage of excretory fluid received from performs peristalsis to move body, providing us with protection and our sense receives visual stimuli from is the body's control center, filters helps remove excess task of gastrointestinal system responsibilities. is the largest organ of the acts as a reservoir for the receiving and sending signals to other organs. salt, water, and waste from the bloodstream. 11. The pH of this organ is 1.5 to 3.5, which is food down from the mouth to the stomach. which are replaced every two weeks. 13. This is the voice box. super acidic. the kidneys. of touch. 16. The **2.** The **7.** The 8. The 5. The **3.** The 9. The

Treatment Session #10 – Task Completion (complex future thought model) Date: _____

Materials needed for this session:

Distractor task

- 2 blank pieces of paper
- Day plans
- Tasks for the week

Picture of 2 meals (pasta and grilled cheese)

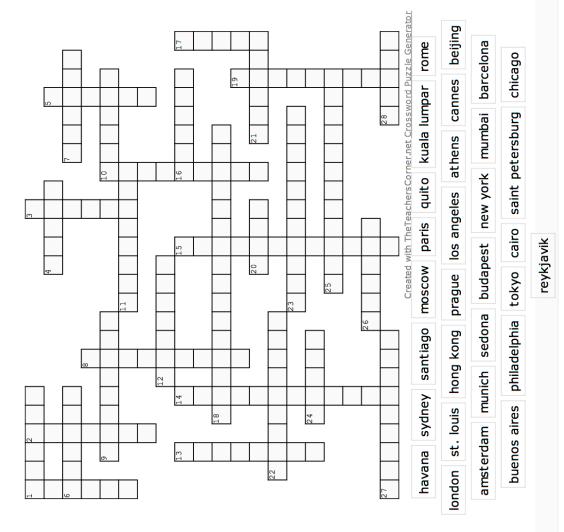
Time	Task		Score		Notes/Comments
+0:00	Explain to me what you plan on doing for the rest of the day after this session.	0	1	2	
+0:05	Now, make a list of the things you plan on doing for the rest of the day.	0	1	2	
+0:09	Explain to me what each task will involve and how long it will take to complete.	0	1	2	
+0:16	If I hand you a piece of paper, come up with 6 new tasks to complete – one for each day of the week that you are not here.				
+0:19	*hand examinee paper*	0	1	2	
+0:23	Walk me through each task on the list – mention which day it will be completed on, how long it will take to complete, and what the task itself entails.	0	1	2	

+0:27	If I show you a picture of two different meals, then you will pick your favorite and walk me through how to make it step by step.				
+0:30	*show examinee meals*	0	1	2	





Famous Cities



Across

 Home of the Red Square, St. Basil's Cathedral, and Bolshoi Theater.

Pyramids!

6. Host of the annual Oktoberfest - the biggest

public festival of the world! **7.** This is the largest city in the Caribbean! **9.** This city is framed by mountains: the Andes, the Chilean Coastal, the Cordón de Chacabuco, and the Angostura de Paine.

 Red rock mountains, and home of many western films!

11. Made up by the hilly Buda on the west and the flat Pest on the east bank of the Danube river. 12. Host of the 2008 Olympic Games

Bridge is falling down! 16.

18. There are 342 bridges here!

20. The 'Eternal City'

Named after the Greek goddess Athena
 This was a former dependency of Great Britain until it was returned to China in 1997.

23. The 'City of Angels'

24. The city lies at an altitude of 2,850 m, making

It the second highest capital in the world! **25.** Site of the 1776 signing of the Declaration of Independence!

Opera House 26.

27. There are 165 canals here!

Formerly known as Bombay.
 Home of the Willis Tower, Millennium Park, and

<u>Down</u>

the Cloud Gate! 3. The city takes its name from praga, which

means 'ford'

8. This city had no beaches until the 1992 Film Festival! ы.

Olympics!

Arch! 10.

13. The Big Apple! Home of the Statue of Liberty, Times Square, and the Brooklyn Bridge.

14. Home of the Petronas Twin Towers!

15. City of 'Good Airs'

17. Hosted the World Fair seven times!

19. Its name means 'smoky bay' because of the hot steam rising from the abundant geothermal springs.